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## Aging society: prospects for improving the quality of life

The article is devoted to the issues related to the phenomenon of "aging society". The relevance of creating a barrier-free environment for the elderly is dictated by the current demographic trend towards an increase in life expectancy, an increase in its quality. The number of centenarians with functional impairments (senile dementia, Parkinson's and Alzheimer's) who require care at a qualitatively new level is increasing. Innovative form of organizing the leisure of the elderly "Kindergarten for the elderly people" is considered as one of the ways to solve the problem. Based on the data of a study conducted by the Federal state budgetary educational institution of higher education of the Far-Eastern state medical university of the Ministry of Health of Russia in 2020, identified the need to create a social institution "Kindergarten for the elderly people". The article notes the need for older people to adapt to the changing conditions of their life in the society saturated with gadgets and information.

**Keywords:** sociology of old age, prosperous old age, third age, aging society, dementia, social work, "Kindergarten for the elderly people", barrier-free environment, quality of life, demography.

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